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The Living Room News

A newsletter for people living with HIV in Ottawa AIDS Committee of Ottawa/Le Commité du sida d`Ottawa

> One Day Fun Day 2017! Upper Canada Village August 16th 9am-3 pm



The votes are in We are going to Upper Canada Village for One Day Fun Day 2017! Participants are asked to meet at ACO at 9am for a prize raffle

Bus leaves ACO at 10am sharp! *RSVP with Support Staff* Space is limited!

AIDS COMMITTEE OF OTTAWA & THE LIVING ROOM 19 Main Street Ottawa, Ontario K1S 1A9 Phone:613-238-5014 1-800-461-2182 (ON & QC Only) We accept collect calls from jail.

School Supplies Assistance 🗸

Please see Support Staff to fill out an application for school supplies assistance Deadline is August 11th, 2017

*please note the program is for families with children from Kindergarten to Grade 8

2

Massage Program

We are excited to announce massages are back in TLR !

Every Thursday From 1pm-5pm

There will be 4 spots available by appointment

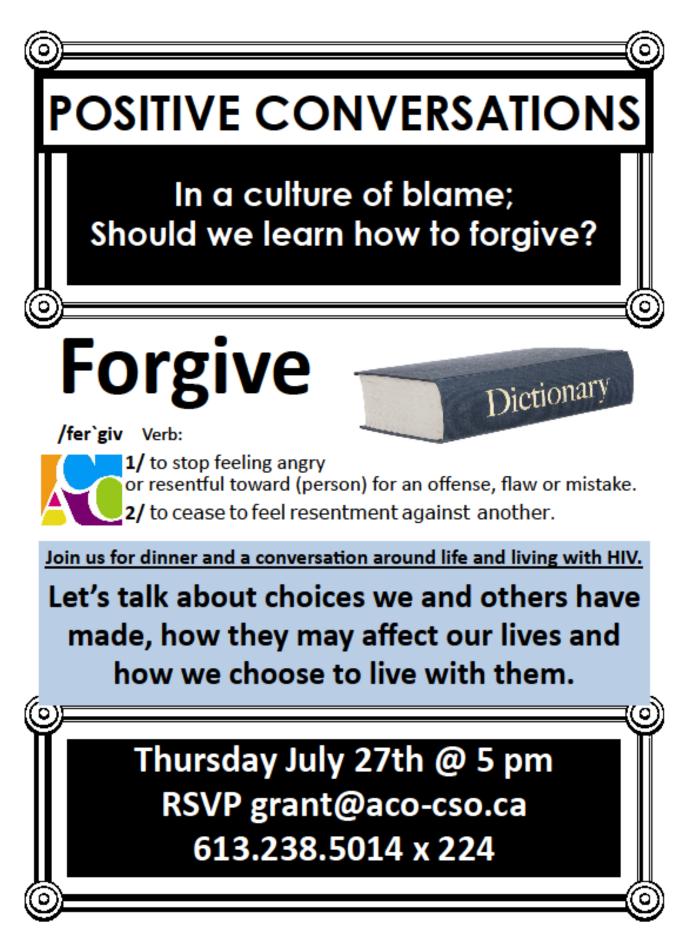
To book an appointment contact : jp@aco-cso.ca 613-238-5014 ext 223



SUMMER = BARBECUE

Please join us for our first BBQ of the Summer at Mooney's Bay!!!

Thursday July 13th, 2017 Please RSVP Sonya x253



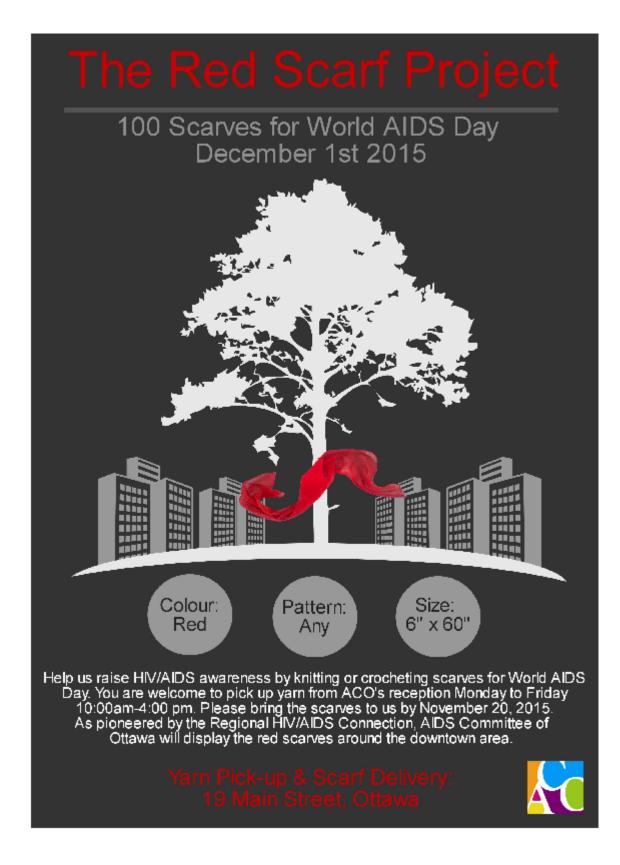












Receiving Too Many Telemarketing Calls?

REGISTER YOUR NUMBER ON THE:

From the phone number you want to register, call: 1-866-580-3625

- Your registration starts after 31 days.
- Once you register your number, it does not expire, and will stay on the list unless you remove it.

For more information about the National Do Not Call List, to check your registration or to register your phone number **online**, visit: <u>https://www.lnnte-dncl.gc.ca</u>

Information Provided by:

THE UNIVERSITY OF OTTAWA COMMUNITY LEGAL CLINIC

17 Copernicus Street, Ottawa, ON K1N 6N5 · 613.562.5600



Hello friends of the ACO!

In the last few months there have been people looking to get an HIV friendly doctor in the Ottawa area.

The ACO used to have a list of HIV practitioners and specialists, but the list is old and has fallen out of relevance.

Can you let me know who your doctor or dentist is; if s/he is HIV friendly and lastly their contact information so I may contact them to see if they're taking new patients and to see if they accept ODSP.

Thanks for your community spirit and your assistance with getting other poz folk connected to relevant care.

Sincerely Sonya@aco-cso.ca 613.238.5014 x 253

Bonjour chers amis de CSO

Depuis les dernier mois plusieurs individus ont montrer leurs desir de trouver des fournisseurs de services de santé étant consciencieux de la situation que vivent les personnes vivant avec le VIH.

Le CSO avait par le pass une liste des médecins spécialisé dans le domaine du VIH mais depuis un temps cette liste a grandement diminué.

Si vous êtes intéressé pourriez-vous nous informer qui est votre docteur(e) et si cette personne est sympathique envers les gens vivants avec le VIH. si ceci semble définir votre médecin pourriezvous m'envoyer leurs informations pour que je puisse les contactés pour voir s'ils prennent des nouveaux patients?

Merci de votre esprit de communauté et de votre assistance pour permettre d'autres personnes vivant avec le VIH de pouvoir rentrer en contact avec des soins spécialises.

Sincèrement Haoua@aco-cso.ca 613.238.5014 x 237

Writer's Corner

If you'd like to submit some writing for the Newsletter, let us know! Contact Sonya at sonya@aco-cso.ca

THE EARTH

The rich man smokes many cigars. The poor man, me, picks up a cigarette butt sticking up in the snow. It broke at the tip because it was soft from the snow. When the cigarette butt burns my fingers, The sun comes out from behind the clouds. Without the pain the world cannot move. The light will be blocked.

By: Hla Min

